

Association for Behavioral and Cognitive Therapies

Special Interest Group in Addictive Behaviors Newsletter

Glorious Spring 2006

News

Clayton Neighbors was elected as SIG President-elect at our meeting in Washington, DC. Congratulations to Clayton, who will assume his position at our meeting in Chicago in November.

Awards

Carlo DiClemente was recently awarded the John P. McGovern Award from the American Society of Addiction Medicine at their annual meeting in San Diego, May 5-8.

Jeanette Norris, Tatiana Masters and Tina Zawacki were awarded the 2005 Ira and Harriet Reiss Theory Award from the Society for the Scientific Study of Sexuality for their article *Cognitive mediation of women's sexual decision making: The influence of alcohol, contextual variables, and background variables* that appeared in the *Annual Review of Sex Research*. The Reiss award is given annually to the author(s) of the best social science article, chapter, or book published in the previous year in which theoretical explanations of human sexual attitudes and behaviors are developed.

Linda Sobell will be receiving the 2006 Betty Ford Award (for making a significant impact on the field of alcohol and drug abuse) given by the Association for Medical Education and Research in Substance Abuse at their annual convention in November.

Nominations for SIG Awards: August 15 deadline

As is our custom, we will be presenting two awards at the fall convention in Chicago:

- **The Early Career Contribution Award**
 - Eligibility. Candidate must be within 5 years of receiving his or her terminal degree (e.g., Ph.D., MSW, MD).
 - Application. Send cv and reprint/preprint of one published (or in press) article. Also arrange for one confidential letter of recommendation to be sent. All materials are to be emailed to awblume@uncc.edu. Self-nominations are accepted.
 - Criteria. The total research and theoretical contribution of the candidate in the area of factors contributing to addictive behaviors, their prevention or treatment.
- **The Outstanding Student Poster Submission Award**

- Eligibility. All students who submit posters (as senior authors) for either the SIG poster session or the ABCT poster session are eligible.
- Application. Send copy of the abstract (if poster will be presented at ABCT poster session) or note on submission of poster if submitting it for the SIG cocktail party poster session. Send materials via email to awblume@uncc.edu.
- Criteria. The overall quality of the research described in the poster abstract (importance of question, study design, findings).

Recipients of all awards will be announced in the fall newsletter and awards will be given at the SIG meeting in Chicago. All recipients will receive a really cool plaque acknowledging their contributions. The student winner will receive a check for \$100.

Note: The Lifetime Achievement Award is awarded every other year, so the next call for nominations will be in the Spring, 2007, newsletter.

Call for Poster submissions for SIG Cocktail party presentations: August 15 deadline

Don't forget the SIG poster session at a cocktail party. Our SIG has been strongly represented the last few conferences and we want to be this year in Chicago as well.

If ABCT's deadline for regular poster submissions passed you by, this is your second chance. The senior author of the poster must be a SIG member (and by definition, a member of ABCT now). Submit them to Art at awblume@uncc.edu. Abstracts are limited to 240 words. Please include contact information with the abstract so that we can let you know whether your poster is accepted by our august review committee.

Exposition posters must be mounted on foam core or poster board that is no larger than 28" wide x 22" high. This will enable the use of easel-like cardboard stands that permit the posters to be easily viewed by exposition attendees. Presenters must bring their posters pre-mounted. Posters may not be hung from hotel walls. If necessary, presenters may use handouts to supplement information that will not fit on their posters.

ANNOUNCEMENTS

Women's SIG Membership Invitation. The Women's SIG would like to extend a special membership invitation to Addictive Behaviors SIG Members. The Women's SIG is open to all ABCT members who are interested in women's issues. We are committed to increasing women's participation in all levels of conference activity and in ABCT governance, to increasing knowledge and awareness of women's health and mental health issues, and to providing opportunities for women of ABCT to network with each other. We believe that the Women's SIG would be enriched by your participation and that our SIG could also benefit you and your work, given the addiction field's growing interest in gender-specific issues in psychopathology and treatment of addictive disorders. For more information, please contact Giao Tran at aabt_womens_issues_sig@yahoo.com or see our SIG webpage via the ABCT website.

Request to Develop a Network of People Interested in Treating "Internet Usage Disorder".

I am interested in setting up a list of people who are interested in treating patients who have problems with "Internet Usage Disorder". This request is because I am swamped with people asking me for help all over the country. Video gaming is extremely popular and there are many people from adolescents to grandparents who are highly involved in these and neglecting family, friends, flunking out of school, and financial ruin. There are also those people who are highly involved in problematic Internet Enabled Sexual Behavior. Treatment involves groups, individuals who are assessed for co-morbid problems. Both Readiness to change, cognitive therapy, behavioral intervention and motivational interviewing are the treatment modality. These issues used to be confined to the computer, but now all the newest technologies are included. Please contact me at:

Maressa Hecht Orzack, Ph.D.
Director, Computer Addiction Study Center
McLean Hospital
morzack@mclean.harvard.edu
617-855-2908

SMART Recovery® Annual Training Program

November 3-5, 2006, Crowne Plaza Boston-Natick

Agendas and additional information at www.smartrecovery.org

Friday, November 3

- Managing Addictions, presented by F. Michler Bishop, Ph.D.
- CRAFT (Community Reinforcement Approach and Family Training), presented by Robert Meyers, Ph.D.

Saturday, November 4

- General Training Program (to learn how to start and lead a SMART Recovery Meeting)
- Advanced Organizational Development Program, for facilitators who have previously attended the general training program
- SMART Recovery Therapy Training

Sunday, November 5 (1/2 day program)

- Conclusion of General Training Program

CONFERENCE ANNOUNCEMENT

A conference entitled, "**Addiction, Meaning and Spirituality**" will be held in Vancouver Canada July 21-23 2006. The meeting is sponsored by the

International Network on Personal Meaning and seeks to bring together academics, researchers, practitioners, educators, students, and policy makers from different disciplines and countries to exchange the latest knowledge and practices relevant to the prevention, treatment and resolution of addictive behaviors. Thematic emphasis is placed on "Positive Psychology" in general and the specific roles of meaning and spirituality/religiosity. Featured speakers include G. Alan Marlatt, George Eman Vaillant, J. Scott Tonigan and Stanton Peele and others. Abstracts of keynote speaker addresses are published on the conference website. More information can be found online at www.meaning.ca.

Current research

Abstracts of articles recently published, in press, under review, or in preparation, or of newly funded research.

Hendricks, P.S., Ditre, J.W., Drobles, D.J., & Brandon, T.H. (in press). The early time course of smoking withdrawal effects. *Psychopharmacology*.

Abstract

Rationale. There has been little study of the very early time course of the smoking withdrawal syndrome, despite its relevance to the maintenance of both smoking and postcessation abstinence. The literature contains a range of estimates about the early appearance of withdrawal symptoms, but without reference to empirical data. **Objectives.** The study aim was to conduct a comprehensive, multimodal assessment of the early time course of the symptoms associated with smoking withdrawal among cigarette smokers. **Methods.** Participants were 50 smokers randomly assigned to either abstain or smoke at their own pace during 4 hours in the laboratory. Dependent measures included resting heart rate; sustained attention (Rapid Visual Information Processing task; RVIP); selective attention to smoking stimuli (an emotional Stroop task); and self-report (Wisconsin Smoking Withdrawal Scale; WSWS). After baseline assessment, participants were assigned to the two conditions and the dependent measures were collected every 30 minutes. **Results.** Generalized Estimating Equations revealed that abstaining participants displayed greater withdrawal than smoking participants on all measures with the exception of the Stroop task. Statistically significant differences in withdrawal were found within 60 minutes on heart rate, within 30 minutes on the RVIP, and between 30 minutes and 180 minutes postcessation on the various subscales of the WSWS. **Conclusions.** These findings provide the first evidence of the early time course of smoking withdrawal symptoms, although further research is needed to distinguish withdrawal from drug offset effects. Implications for understanding the maintenance of daily smoking and for the treatment of tobacco dependence are discussed.

Positions available

Counseling and Therapy Services, UNM Student Health Center is recruiting a full-time director for a professional staff position. The successful candidate will manage the clinical, fiscal, and administrative operations of the unit. The director will develop, implement and evaluate program to ensure quality of care. Coordinates University and community outreach, oversees risk management issues, ensures proper patient referral services and provides direct patient services.

MINIMUM QUALIFICATIONS:

Doctorate degree; at least 5 years of experience that is directly related to the duties and responsibilities specified.

State of NM Licensed Psychologist, or eligibility for NM licensure, as documented by out-of-state licensure.

If you are selected for this position, you will be required to present official transcripts, certificates, licenses, etc. as verification of your qualifications.

PREFERRED QUALIFICATIONS:

- Experience:
 - Providing mental health services targeted for a large, culturally diverse, college student population
 - Providing care for emergency and crisis intervention mental health services, including suicidal patients and involuntary holds for patient safety
 - Responding to third party concerns regarding an individual's mental health
 - Managing the day-to-day operations of a student counseling service in a University setting
 - Setting priorities for service and boundaries for scope of care in a counseling service with limited resources
 - Creating and maintaining a safe and welcoming counseling service for a diverse student population including diversity of ideas, ethnicity, economic backgrounds and sexual orientation
 - Directly supervising (hiring, firing, performance evaluations) an ethnically and gender diverse team of at least six Master's level counselors
 - Mentoring, training, and encouraging professional development for a counseling team
 - Setting policies and procedures to encourage work-life balance in a resource limited work environment.
 - With conflict management that includes mediating and facilitating win-win resolutions to problems in a communication style that encourages collaboration and consensus for decisions
 - Successfully collaborating with a University community while providing mental health services
 - Successfully balancing clinical and administrative work while managing a counseling service
 - Marketing and promoting mental health services to a student population

For further information:

<http://www3.unm.edu/fin/Posting/jobopenings.cfm?action=ViewThisOne&REQID=43889>

Postdoctoral Fellowships and Internships

Postdoctoral Fellowship □ The Division of Prevention and Community Research, Department of Psychiatry, Yale University School of Medicine and the Department of Psychology, Yale University invite applications for a two-year postdoctoral fellowship beginning between July 1 and September 1, 2006 as part of a NIDA-funded research training program focused on the prevention of substance abuse. The individual will participate with other postdoctoral fellows in a mentor-based training program with core faculty. The fellow in this position will be involved in investigating (a) the relationship of behavioral, academic, and psychological risk and protective factors to alcohol and other drug use in youth with severe emotional and behavioral disorders and youth incarcerated in a juvenile justice facility; and (b) individual trait characteristics, alcohol-related cognitions, subjective alcohol responses, and social influences impacting college student drinking and prevention programs designed to counter these risk factors. Competitive candidates will have a Ph.D. in clinical, community, or counseling psychology and a strong research background and interest in pursuing an academic career. Interested applicants should forward a CV, representative manuscripts, statement of interests and future goals, and three letters of recommendation to: David L. Snow, Ph.D., Director, Division of Prevention and Community Research, Department of Psychiatry, Yale University School of Medicine, 389 Whitney Avenue, New Haven, CT 06511, or email materials to david.snow@yale.edu. The review of applications will begin immediately and continue until the position is filled. Yale University is an Affirmative Action/Equal Opportunity Employer. Women and minority group members are encouraged to apply.

POST-DOCTORAL FELLOWSHIPS IN ALCOHOL RESEARCH □ Rutgers University has support for three new NIAAA-supported positions to train fellows for careers in clinical and applied research. Support for up to 3 years includes a stipend beginning at \$36,996 depending on years since Ph.D., \$1500 for conference travel, and research-related expenses. Fellows will participate actively in nosological studies, clinical trials, and health services research, complete pilot projects, have opportunities for professional publications and presentations, and prepare independent research grants. Applicants must be US citizens or permanent residents. Funding begins July or September 1, 2006. Interested applicants should send cover letter, vita and three letters of recommendation to: Barbara S. McCrady, PhD, Center of Alcohol Studies, Rutgers University, 607 Allison Road, Piscataway, NJ, 08854-8001. Rutgers is an equal opportunity employer.

Postdoctoral Fellowships in Addiction Research

The Department of Psychological Sciences at the University of Missouri-Columbia (MU) has openings for up to three **POSTDOCTORAL FELLOWS IN ADDICTIONS RESEARCH**. Faculty preceptors include: Lynne Cooper (drinking motives, alcohol and high-risk sexual behavior, personality), Tom Piasecki (tobacco dependence and withdrawal, alcohol X tobacco interaction, hangover), Ken Sher (etiological processes in alcohol use disorders, comorbidity), Wendy Slutske (behavioral genetics of alcoholism, antisocial behavior disorders, and pathological gambling), Tim Trull (alcoholism and personality, personality disorder comorbidity), Phil Wood (alcohol use and cognitive development, quantitative methodology), Denis McCarthy (drinking motives, underage use,

drinking and driving), Bruce Bartholow (alcohol and social cognition, social neuroscience), Dennis Miller (behavioral pharmacology of nicotine and other drugs), and Matt Will (behavioral pharmacology of appetitive behavior including eating and psychoactive substance use) . Postdoctoral research fellows will undertake advanced training in addictions and pursue their own research interests under the supervision of faculty sponsors. MU's addiction training is closely affiliated with the Midwest Alcoholism Research Center (MARC) based at Washington University in St. Louis (PI: Andrew Heath). Postdoctoral fellows will have the opportunity to become involved with MARC research activities in addition to those activities based on the MU campus. Two positions are internally funded and international candidates will be considered. The other position is funded on an NIAAA Research Training Grant, and the applicant must be a United States resident or citizen. Candidates must hold a Ph.D. or other doctoral degree relevant to the study of the psychology of addiction. These positions are for up to two years and start date is negotiable. Send vita, up to 5 representative reprints, a cover letter describing your research interests and training goals, and 3 letters of reference to: Addiction Research Training, c/o Carol Waudby, Dept. of Psychological Sciences, 200 S. 7th Street, University of Missouri, Columbia, MO 65211. Inquiries can be made to Ken Sher, 573-882-4279, Email: SherK@missouri.edu. The University of Missouri-Columbia does not discriminate on the basis of race, color, religion, national origin, ancestry, sex, age, disability, status as disabled veteran, or veteran of Vietnam era.

Internships

The Salem VA Medical Center pre-doctoral internship will be accepting applications for the 2007-2008 year beginning in August. We offer training using a primarily cognitive-behavioral model, with major rotations in the areas of Substance Abuse, Post-Traumatic Stress Disorder, Behavioral Medicine, and Outpatient Psychological Services. The substance abuse rotation provides exposure to a full continuum of evidence-based treatment services ranging from secondary prevention and early intervention to residential treatment for substance use disorders that integrates primarily cognitive-behavioral models. Minor rotations in motivational interviewing as well as substance use research also are available. Clinical research is encouraged throughout the year. The Salem VA is located in beautiful southwestern Virginia, in the heart of the Blue Ridge Mountains. Please refer to our training website at www.avapl.org. The site will be updated in July-August of 2006.