

Association for Behavioral and Cognitive Therapies

Addictive Behaviors Special Interest Group (AB SIG) Newsletter

Spring/Summer 2010

Leader-Elect's Letter:

My name is Chris Correia, and at the 2010 meeting of the Addictive Behaviors SIG I will be “sworn in” as the new leader. I am honored to serve the SIG in this capacity, and I look forward to working with such a distinguished group of friends and colleagues. I want to thank our outgoing Leader, Brian Borsari, for helping me transition into this role. Brian has been a fantastic leader and I will do my best to fill the rather large shoes that he has left behind!

As I write this e-mail, I see that we have over 175 members. My goal as SIG Leader is to provide all of us with increased opportunities to network. We are a talented group of people, and I think we have a lot to offer one another. Some of my most important and enduring professional relationships were forged at AB SIG events. More recently, I have enjoyed meeting some of our newest student members (wow...typing that made me feel really old!). With that in mind, I am working on three initiatives designed to keep our members connected:

1) **Breakfast Kickoff Meeting:** We are looking into a Friday morning kickoff breakfast at the upcoming annual meeting in San Francisco, CA. The event will allow people to touch base and socialize before the meeting is in full swing. Our intention is to have the breakfast paid for with money in the SIG account

2) **Addictive Behavior SIG Facebook Page:** Love it or hate it, Facebook has emerged as a powerful and fun way of keeping in touch with colleagues and keeping up with interests. I plan on launching a Facebook page for our SIG. Like the ABCT Facebook page, the ABSIG page will provide members with relevant updates. The page will also allow members to engage in discussions and share ideas about topics relevant to addictive behaviors. I do NOT see the Facebook page replacing the Yahoo list serve or becoming the “official” way that members communicate with one another. I do see the Facebook page supplementing other ways of keeping in touch, and perhaps appealing to and attracting younger ABCT members. I hope to have the page set up by September 2010 and in place to help generate some good preconference buzz.

3) **Student Leadership Position:** Brian has suggested that we add a student leader to help with various administrative tasks, and to ensure that students and postdocs are sufficiently represented in all AB SIG decisions. I think this is a great idea and would like to move on it over the next few months. Like the SIG Leader, perhaps the student leader could join the executive committee at the end of their term. Please pass along any suggestions that you have (e.g., potential duties, term of service).

Please do not hesitate to contact me with any questions or concerns, and be on the lookout for the next Newsletter in Fall of 2010.

SIG Dues & Membership Status

I would greatly appreciate it if you could pay your dues promptly. This time and expense on your part will permit us to present a promising addiction researcher a Student SIG Poster Award, recognize another young researcher with our Early Career Achievement Award, and pay for the aforementioned breakfast meeting.

As a reminder, students do not pay dues, but we are asking that post-docs pay \$5 and members pay \$10.

Questioning about whether you have paid your dues already? Just send an e-mail to Correcj@auburn.edu and I will be able to check our records for you.

To pay your dues, simply write out a check to Chris Correia and send it to:

Chris Correia, Ph.D.
226 Thach Hall
Department of Psychology
Auburn University
Auburn, AL 36849

If you have recently moved, send me your new contact information – mailing address, phone, email, etc. We will promptly put this information in our database. If you would like to discontinue your membership, please let me know, and I will promptly take you off the membership list.

SIG Poster Expo -- August 15 deadline

Don't forget the SIG poster session/ cocktail party. Our SIG has been strongly represented at the last few conferences and we want to be this year in San Francisco as well.

If ABCT's deadline for regular poster submissions passed you by, this is your second chance. The senior author of the poster must be a SIG member (and by definition, a member of ABCT now). Submit the poster abstracts to Correcj@auburn.edu

NOTE: The senior author of the poster **MUST** pay their annual SIG dues in order to have their submission considered.

Abstracts are limited to 240 words. Please include contact information with the abstract so that we can let you know whether your poster is accepted by our review committee.

Exposition posters must be mounted on foam core or poster board that is no larger than 28" wide x 22" high. This will enable the use of easel-like cardboard stands that permit the posters to be easily viewed by exposition attendees. Presenters must bring their posters pre-mounted. Posters may not be hung from hotel walls. If necessary, presenters may use handouts to supplement information that will not fit on their posters.

Nominations for SIG Awards – August 15 deadline

We will be presenting two awards at this years fall convention in San Francisco.

1. The Outstanding Student Poster Submission Award

- **Eligibility.** All students who submit posters (as senior authors) for either the SIG poster session or the ABCT poster session are eligible.
- **Application.** Send copy of the abstract (if poster will be presented at ABCT poster session) or note on submission of poster if submitting it for the SIG cocktail party poster session. Send materials via email to Correcj@auburn.edu prior to August 15.
- **Criteria.** The overall quality of the research described in the poster abstract (importance of question, study design, findings). The student winner will receive a check for \$100.

2. The Early Career Achievement Award

- **Eligibility.** Members of the AB-SIG who are 1) no more that 5 years beyond receipt of their doctoral degree and 2) have made outstanding contributions over the course of his or her emerging career to the field of addictive behaviors which are consistent with the goal of advancing cognitive and behavior therapies.
- **Nomination.** Please send nominations and letters of support to Correcj@auburn.edu prior to August 15.

Nominations for these two awards will be reviewed and voted on by the AB-SIG executive committee. Recipients of all awards will be announced in the fall newsletter and awards will be given at the SIG meeting in San Francisco.

Summer Reading

Looking for something to read this summer? Well...in case you missed it, one of our members (Jackie Alfonso) posted the following question on the list serve:

I am looking for recommended resources to add to a college counseling center library collection specific to substance abuse treatment. Both bibliotherapy/self-help books/workbooks and resources for clinicians working with college students would be appreciated.

The following books were recommended:

Brief Alcohol Screening and Intervention for College Students: A Harm Reduction Approach
by Linda Dimeff, John Baer, Daniel Kivlahan and Alan Marlatt (recommended by Nancy Piotrowski)

Talking to College Students about Alcohol: Motivational Strategies for Reducing Alcohol
by Scott Walters and John Baer (recommended by Thad Leffingwell)

Reid's FB page

Excited about the upcoming launch of the AB-SIG Facebook page? Why not check out Reid Hester's page while you wait! Reid has set up a page to describe recent developments in evidence-based web applications for people with alcohol and drug problems:

<http://www.facebook.com/pages/Evidence-based-Web-Apps-for-People-with-Alcohol-Drug-Problems/116937031678751?success=1>

For those who have inquired, Dr. Marlatt's APA Distinguished Career Ferrets continue to do well in his care.....



Summer Meetings

College on Problems on Drug Dependence (CPDD)

Annual Meeting, June 12-17, Scottsdale, AZ

The College on Problems of Drug Dependence (CPDD), formerly the Committee on Problems of Drug Dependence, has been in existence since 1929 and is the longest standing group in the United States addressing problems of drug dependence and abuse. From 1929 until 1976, the CPDD was associated with the National Academy of Sciences, National Research Council. Since 1976, the organization has functioned as an independent body affiliated with other scientific and professional societies representing various disciplines concerned with problems of drug dependence and abuse. (For more information on our history, please look at the [historical link](#).) In 1991, the CPDD evolved into a membership organization with the new name of College on Problems of Drug Dependence. Currently, CPDD has over 700 members. The organization serves as an interface among governmental, industrial and academic communities maintaining liaisons with regulatory and research agencies as well as educational, treatment, and prevention facilities in the drug abuse field. It also functions as a collaborating center of the World Health Organization

Since 1938, a major focus of the CPDD's activities has been its sponsorship of an annual scientific meeting. This conference serves as a forum bringing together basic scientists and clinical investigators from industry, academia, and government. Representatives of regulatory agencies, as well as scientists and professionals in a number of diverse disciplines interested in the biochemical, behavioral, and public health aspects of drug dependence participate.

For more information please visit the official website:

<http://www.cpdd.vcu.edu/>

Research Society on Alcoholism (RSA)

Annual Meeting, June 26-30, San Antonio, TX

The annual Scientific Conference of the Research Society on Alcoholism provides a meeting place for scientists and clinicians from across the country, and around the world, to interact. It allows a unique opportunity to meet people, doing work in alcohol research, on a personal level. The meeting also gives members and non-members the chance to present their latest findings in alcohol research through abstract and symposia submissions.

The format of the meeting consists of plenary presentations, symposia, roundtables and workshops. Lengthy abstract/poster sessions are provided for adequate viewing time. An annual tradition of the meeting is to start with an Opening Reception/Social the night prior to the official opening and have the Banquet/Awards Presentation a few days into the meeting.

For more information please visit the official website:

<http://www.rsoa.org/2010meet-indexPre.htm>

**CALDAR Summer Institute on Longitudinal Research and Clinical Trials Network (CTN) Dissemination Conference
August 9-11, Los Angeles, CA**

The UCLA Center for Advancing Longitudinal Drug Abuse Research (CALDAR) is pleased to announce its third Summer Institute on Longitudinal Research. The 2010 Summer Institute will also feature the National Drug Abuse Treatment Clinical Trials Network (CTN) regional dissemination conference. Focusing on the theme of recovery from drug dependence, the general conference (August 9) will present current findings and future directions of longitudinal drug abuse research and implications for policy and practice. Separate tracks of training (August 10th - 11th) for treatment providers and researchers include coursework and workshops on (a) longitudinal statistical and methodological topics and (b) evidence-based approaches addressing drug abuse. Targeted audiences are researchers, clinicians, treatment providers and policymakers.

For more information please visit the official website:

<http://www.caldar.org>

**American Psychological Association
Annual Meeting, August 12-15, San Diego, CA**

There will be three levels of programming: divisional programming, cross-divisional sessions developed by groups of divisions, and governance-sponsored and APA plenary sessions. In addition, there will be opportunities for earning continuing education credits. The purpose of the annual convention is to provide a forum in which members may present their scientific and scholarly work, to present a general program that will be informative and of interest to all members of the association, to facilitate the exchange of experience relating to the applications of psychology, and to provide a place where the business of the association can be carried on efficiently. Convention programs are scheduled between 8:00am and 6:00pm and are developed by the divisions of APA and include symposia, paper and poster sessions, invited addresses, discussions, workshops, and so on.

For more information please visit the official APA convention website:

<http://www.apa.org/convention/index.aspx>