

Association for Behavioral and Cognitive Therapies

Addictive Behaviors Special Interest Group (AB SIG) Newsletter

Spring/Summer 2014

Leader's Letter:

Hello SIG Members! Just as we are beginning to enjoy the milder weather of spring and summer, it's already time to start thinking about November and ABCT Addictive Behaviors SIG activities. In this newsletter, I want to let you all know about activities for the remainder of the year and the upcoming conference, highlight some Addictive Behaviors SIG leadership changes and opportunities that are approaching, and lastly, to put out a call for awards nominations. I'm especially excited this year to be starting the first annual Addictive Behaviors SIG Poster Session, which will take place during the SIG coffee hour. See below for more details.

Please let me know if you have any questions about the below information.

I will look forward to seeing you all in November. Enjoy the summer!

Best,

Jen Read
ABCT Addictive Behaviors SIG Leader

Events and Activities

This has been a good year for the SIG. Our membership is holding strong at over 225 members, and we have more students than ever before. Continuing the tradition of bringing our members together and using the SIG as a source of professional support and networking, we have several ongoing initiatives that are a part of our SIG activities.

1) **SIG Meeting Coffee Hour:** Last year we held our SIG meeting for an hour and a half, and used the first half hour (and some of our membership revenue!) to hold a coffee hour. This gave the Addictive Behaviors SIG members a chance to catch up, network, and caffeinate before the business portion of the meeting started. This has been a really nice addition to our annual meeting, and we plan to have another one in Philadelphia. One of my goals

as SIG Leader has been to have more student involvement in the SIG. To this end, this year we will be adding to our coffee hour a Student Poster Session. More on this later in the newsletter.

2) **Addictive Behavior SIG Facebook Page:** The Addictive Behaviors SIG is on Facebook! This is a great place to announce new positions, present recent findings, or share addictions relevant material. The link to this page is:

<https://www.facebook.com/pages/ABCT-Addictive-Behaviors-Special-Interest-Group-SIG/195757010441064>. Go check it out!

SIG Leadership Changes and Opportunities

My term as SIG Leader will end with the upcoming conference, in November of 2014. Bruce Liese has been nominated to be the next leader, and has generously offered to take the helm. If there is anyone else who would like to be considered for this, please submit your name and a paragraph stating your interests and hopes for the position no later than July 11th. If I don't hear from anyone else, then I will close nominations and we will move forward from there.

3) **Student SIG Representative:** We are looking for a graduate student to take on a leadership role within the SIG as the Addictive Behaviors SIG Representative. This representative will help with various administrative tasks, assist with the updating of the Facebook page, and generally ensure that students and postdocs are represented in all AB SIG decisions. This Student Representative will serve for a 2-year term. Please pass along nominations for this position by July 1st to Jen Read (JPread@Buffalo.edu). - NEED TO ADJUST PENDING INFORMATION FROM JEN D. AND RACHEL B.

Please do not hesitate to contact me with any questions or concerns, and be on the lookout for the next Newsletter in fall of 2013.

SIG Dues & Membership Status

I would greatly appreciate it if you could pay your dues promptly. This time and expense on your part permits us to present a promising addiction researcher a Student SIG Poster Award, recognize another young researcher with our Early Career Achievement Award, and pay for the aforementioned coffee hour. Many of you paid your dues at the November meeting. However, if you did not, please take a moment now to drop a check in the mail.

As a reminder, students do not pay dues, but we are asking that post-docs pay \$5 and members pay \$10.

Questioning about whether you have paid your dues already? Just send me an e-mail and I will be able to check our records for you. Also, this year we sent out electronic confirmation of your payment. So, you may also have this information in your email (early December, 2013).

To pay your dues, simply write out a check to Jen Read and send it to:

Jennifer Read, Ph.D.
231 Park Hall
Department of Psychology
University at Buffalo, SUNY
Buffalo, NY 14260

If you have recently moved, send me your new contact information - mailing address, phone, email, etc. We will promptly put this information in our database. If you would like to discontinue your membership, please let me know, and I will promptly remove you from the membership list.

ABCT Convention

The 2014 ABCT meeting will be held November 20-23 in Philadelphia, Pennsylvania. More information about the conference can be found at:

<http://www.abct.org/conv2014/>

You can start planning your extra-conference activities with the following websites:

<http://www.visitphilly.com/things-to-do/>

<http://www.discoverphl.com/>

SIG Poster Expo -- August 22 deadline

Don't forget the SIG poster session/ cocktail party. Our SIG has been strongly represented at the last few conferences and we want to be this year in Philadelphia as well.

If ABCT's deadline for regular poster submissions passed you by, this is your second chance. The senior author of the poster must be a SIG member (and by definition, a member of ABCT now). Submit the poster abstracts to JPRead@Buffalo.edu

NOTE: The senior author of the poster **MUST** pay their annual SIG dues in order to have their submission considered.

Abstracts are limited to 240 words. Please include contact information with the abstract so that we can let you know whether your poster is accepted by our review committee.

Exposition posters must be mounted on foam core or poster board that is no larger than 28" wide x 22" high. This will enable the use of easel-like cardboard stands that permit the posters to be easily viewed by exposition attendees. Presenters must bring their posters pre-mounted. Posters may not be hung from hotel walls. If necessary, presenters may use handouts to supplement information that will not fit on their posters.

Addictive Behaviors Student SIG Poster Session (NEW!) -- August 22 deadline

As noted, this year we will offer a student poster session during the coffee hour. This will be a great opportunity for graduate students with interests in the area of addictive behaviors to showcase their work in an informal setting.

This can be a poster that is being presented elsewhere at ABCT, or a new poster. It's up to you! In order for posters to be considered for the coffee hour poster session, the senior author of the poster must be a SIG member (and by definition, a member of ABCT now) who is current with her/his dues. Submit the poster abstracts to JPRead@Buffalo.edu

Abstracts are limited to 250 words. Please include contact information with the abstract so that we can let you know whether your poster is accepted by our review committee.

Details about the sizing and format of these posters will be available as the time gets closer. We will keep you posted!

Nominations for SIG Awards - August 22 deadline

We will be presenting two awards at this years fall convention in Nashville.

1. The Outstanding Student Poster Submission Award

- **Eligibility.** All students who submit posters (as senior authors) for either the SIG poster session or the ABCT poster session are eligible.
- **Application.** Send copy of the abstract (if poster will be presented at ABCT poster session) or note on submission of poster if submitting it for the SIG cocktail party poster session. Send materials via email to JPRead@Buffalo.edu prior to August 23.
- **Criteria.** The overall quality of the research described in the poster abstract (importance of question, study design, findings). The student winner will receive a check for \$100.

2. The Early Career Achievement Award

- **Eligibility.** Members of the AB-SIG who are 1) no more than 5 years beyond receipt of their doctoral degree and (2) have made outstanding contributions over the course of his or her emerging career to the field of addictive behaviors, consistent with the goal of advancing cognitive and behavioral therapies.
- **Nomination.** Please send nominations and letters of support to JPRead@Buffalo.edu prior to August 22.

3. The Alan Marlatt Mid-Career Mentorship Award

- **Eligibility.** This award, generously sponsored by Drs. Mark and Linda Sobell, celebrates the tradition established by Dr. G. Alan Marlatt in his distinguished career as a pioneer and innovator in cognitive behavioral research in the addictions. It is open to members of the AB-SIG who are within 7 to 12 years of receiving a doctoral degree. The nominee's research must demonstrate scientific rigor and constitute a program of research (i.e., a series of studies addressing an overall theme); the research can focus on understanding mechanisms of addiction, or on advancing evidence-based clinical practice in the addictions. Research that addresses harm reduction or treatment innovations would be particularly consistent with Dr. Marlatt's research emphasis, but such a focus is not a requirement for the award. The winner will receive a check for \$100
- **Nomination.** Please send nominations and letters of support to JPRead@Buffalo.edu prior to August 22.

Nominations for these two awards will be reviewed and voted on by the AB-SIG executive committee. Recipients of all awards will be announced in the fall newsletter and awards will be given at the SIG meeting in Philadelphia.